

Sheet1

Position	Name	Club	Cat	Time
1	Phil Nicholls	Tipton Harriers	M	0:14:26
2	Josh Lilley	Tipton Harriers	M	0:15:13
3	James Douglas	Charnwood AC	M	0:15:42
4	Kyran Hale	Severn AC	U17*	0:16:08
5	Dave Mansbridge	Telford AC	V40*	0:16:43
6	Dean Hill	Tipton Harriers	M	0:17:07
7	Aaron Keene	Tipton Harriers	V40	0:17:10
8	Mark Wright	Tipton Harriers	V40	0:17:35
9	Sam Davies	Tipton Harriers	M	0:17:38
10	Paul Shackleton	Clayton-le-Moors	V40	0:17:41
11	Rob Kerr	Sytri	M	0:18:00
12	Matt Allen	Halesowen	M	0:18:08
13	Andy Money	Centurion Running Club	V40	0:18:10
14	Chris James	BRAT	U17	0:18:12
15	Melanie James	Bourneville Harriers	LV40*	0:18:18
16	David Lowthian	Severn AC	V40	0:18:23
17	Laurence Heathcock	Tipton Harriers	M	0:18:26
18	Richard Hunter	Tipton Harriers	V40	0:18:29
19	Jo Ritson	Tipton Harriers	L*	0:18:32
20	Stephen Pearson	U/A	M	0:18:45
21	Michelle Buckle	U/A	L	0:18:51
22	Jacob Anson	Tipton Harriers	U17	0:19:02
23	Lynne Cox	Tipton Harriers	L	0:19:10
24	John Hill	Halesowen	V50*	0:19:12
25	Gareth Maguire	U/A	M	0:19:14
26	Dave Pearson	U/A	V50	0:19:19
27	Damell Bodin	Tipton Harriers	M	0:19:26
28	Nicholas Whitehurst	Tipton Harriers	M	0:19:29
29	Luke Bodin	Tipton Harriers	U17	0:19:40
30	Joel Hatton	Tipton Harriers	M	0:19:45
31	Jamie Ross	Cannock & Staffs	U17	0:19:50
32	Dave Johnson	Sparkhill Harriers	V50	0:20:01
33	Lydia Trow	Cannock & Staffs	LU17*	0:20:03
34	Paul Allen	Halesowen	V60*	0:20:09
35	Gary Hayes	U/A	V40	0:20:09
36	Poppy Jones	Cannock & Staffs	LU17	0:20:10
37	Lee Abrahams	Tipton Harriers	M	0:20:17
38	Geoff Aston	Worcester AC	V60	0:20:22
39	Joe Fairfax	Tipton Harriers	U17	0:20:24
40	Richard Johnson	Stourbridge	M	0:20:32
41	Mike Smith	T&C	M	0:20:54
42	Benjamin Walker	U/A	U17	0:21:00
43	Richard Groom	T&C	M	0:21:03
44	Keith Fairfax	Tipton Harriers	V40	0:21:33
45	Kris Sheldon	T&C	M	0:21:44
46	Isher Mander	Tipton Harriers	LU17	0:21:50
47	Jonathon Pierce	Telford Harriers	V60	0:21:52
48	James Hall	U/A	M	0:22:00
49	Alan Stewart	U/A	M	0:22:02
50	David Kerr	Shropshire Shufflers	V60	0:22:03
51	Matt Taylor	T&C	M	0:22:06
52	Jonathon Hassall	Telford AC	V60	0:22:16

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53	Connor Harrison	Tipton Harriers	U17	0:22:20
54	Geoff Jones	Worcester AC	V60	0:22:29
55	Michael Elwell	Cobra RC	V50	0:22:33
56	Rob Marlow	U/A	M	0:23:02
57	Christopher Tillotson	U/A	U17	0:23:18
58	Hannah Trow	Cannock & Staffs	LU17	0:23:19
59	Eleanor Ball	Cannock & Staffs	LU17	0:23:38
60	Simon Kings	T&C	V40	0:23:56
61	Kevin Anson	Black Country Triathletes	V40	0:24:06
62	Gemma Evans	Tipton Harriers	LU17	0:24:20
63	Matt Phillips	U/A	M	0:24:27
64	James Boyd	U/A	M	0:24:30
65	Steve Fairfax	U/A	V40	0:24:39
66	Neil Shaw	U/A	M	0:24:56
67	Charlotte Mould	Tipton Harriers	LU17	0:25:05
68	Anser Sharif	T&C	M	0:25:12
69	Gary Butler	U/A	V40	0:25:12
70	Emily Evans	Birchfield Harriers	L	0:25:14
71	Ruth Quirke	Tipton Harriers	L	0:25:19
72	Paul Tillotson	U/A	V40	0:25:21
73	Robert J Andrews	BRAT	V60	0:25:26
74	Heather Cowan	U/A	L	0:25:30
75	Dani Sedgley	Tipton Harriers	LU17	0:25:39
76	Belinda Morgan	T&C	LV50*	0:25:42
77	Alexander Walker	U/A	U17	0:25:46
78	Amelia Silk	Tipton Harriers	LU17	0:25:50
79	Lesley Hassall	U/A	LV50	0:26:01
80	Rob Sedgley	Tipton Harriers	V40	0:26:17
81	Gary Martin	U/A	V40	0:26:42
82	Mike Whitehouse	U/A	V40	0:26:46
83	Stephen Brookes	U/A	V50	0:26:56
84	Lee Judson	T&C	V40	0:27:33
85	Gary Shaw	U/A	M	0:28:01
86	James Southern	U/A	LU17	0:28:36
87	John Willets	U/A	V70*	0:28:38
88	Ursula Elwell	Cobra RC	LV50	0:28:47
89	Susan Silk	Black Country Triathletes	LV35*	0:28:57
90	Trudy Ball	Cannock & Staffs	V50	0:29:00
91	Kerry Foley	U/A	LV35	0:30:00
92	Chris Martin	T&C	V50	0:30:23
93	Saf Sanobar	T&C	L	0:30:50
94	Jason Breeze	T&C	M	0:30:52
95	Helen Evans	Black Country Triathletes	LV40	0:32:41
96	Alph Hutchinson	U/A	V50	0:35:00
97	Jenny Rose	Stourbridge RC	L	0:37:32
98	David Rose	Stourbridge RC	V40	0:37:35