

1	Ian Rawlinson	Tipton Harriers	M	15.42
2	Nigel Stirk	Tipton Harriers	M	15.56
3	Scott Hazell	Coventry Godiva	M	16.05
4	Tom Holden	Tipton Harriers	M	16.21
5	Ste Abrahams	Tipton Harriers	MU20*	16.44
6	Malcom Eustace	Tipton Harriers	M50*	16.50
7	Dave Mansbridge	Telford AC	M40*	16.51
8	Steve Brooks	Tipton Harriers	M	17.08
9	Dean Hill	Tipton Harriers	M	17.11
10	Stuart Male	Tipton Harriers	M	17.26
11	Lee Whitehouse	Tipton Harriers	MU20	17.28
12	Mark Wright	Tipton Harriers	M40	17.31
13	Simon Vines	Telford AC	M	17.48
14	Richard Hunter	Tipton Harriers	M40	17.55
15	Keith Duckworth	Dudley Kingswinford	M40	17.58
16	Darren Perry	Tipton Harriers	M	18.14
17	George Duckworth	Tipton Harriers	MU20	18.15
18	Ray Stanier	Tipton Harriers	M50	18.24
19	Daniel Parry	Chase Harriers	M	18.26
20	Jamie Cozens	Sphinx AC	MU20	18.29
21	Trevor Bacciochi	Centurion	M	18.36
22	Matt Rice	Tipton Harriers	MU20	18.43
23	Sarah Rudge	Birchfield Harriers	L*	18.50
24	Jason Richards	Tipton Harriers	M	18.51
25	Daniel Vaughan	Wolverhampton & Bilston AC	M	18.57
26	Richard Brittain	Tipton Harriers	M40	19.03
27	Luke Darbey	Wolverhampton & Bilston AC	M	19.10
27	Cath Vasey	Tipton Harriers	L	19.10
29	Alexander T Walker	Bromsgrove School	MU20	19.16
30	Philip Wilson	U/A	MU20	19.23
31	Dave Smith	U/A	M40	19.25
32	Andy Money	Centurion	M40	19.29
33	Peter Banks	Coventry Godiva	M50	19.38
34	Sue Wint	Coventry Godiva	L40*	19.54
35	Vince Rollason	Bromsgrove + Redditch AC	M50	19.58
36	Jamie Ross	Cannock & Staffs	MU20	20.02
37	Michael Smith	Cannock & Staffs	MU20	20.06
38	Andy Seal	Telford Harriers	M40	20.08
39	Tony Dutton	Wolverhampton & Bilston AC	M40	20.16
40	Dave Johnson	Sparkhill Harriers	M40	20.18
41	Mick Anglim	Hardley Runners	M60*	20.25
42	Lydia Trow	Cannock & Staffs	LU20*	20.29
43	Anne Herold	Aldridge AC	L40	20.32
44	Robert Woodward	U/A	M40	20.46
45	Richard Bailey	Telford Harriers	M40	20.56
46	Darrall Bodin	U/A	M	21.22
47	Roland Herold	Aldridge AC	MU20	21.28
48	Jason Cadman	Fort Nocks	M	21.32
49	Jonathon Hassall	Telford AC	M60	21.37
50	Joe Fairfax	Tipton Harriers	MU20	21.48
51	Sophie Clement	U/A	L	21.56
52	Ravi Gioyal	U/A	M	22.07
53	Pavel Mihalic	U/A	M40	22.09
54	Peter Stark	Wolves and Bilston	M60	22.12
55	Paul Edwards	Birmingham Rowheath	M50	22.16
56	Robert Kennard	U/A	M	22.26

57	Michael Elwell	Cobra RC	M50	22.58
58	Richard Saoom	Tipton and Coseley	M	23.05
59	Joseph Stone	U/A	M50	23.21
60	Alan Lovell	Tipton and Coseley	M40	23.27
61	Emma Mannix	RAF	L	23.51
62	Richard Baker	Amazing Feet RC	M50	24.01
63	Mat Madsen	Sinfin RC	M	24.10
64	Nicholas Darbey	Wolverhampton & Bilston AC	M40	24.18
65	N Collumbell	Tipton and Coseley	M	24.20
66	Jane Pugh	Action Heart RC	L40	24.27
67	Diane Edge	West Bromwich Harriers	F50*	24.29
68	Richard Newton	Tipton and Coseley	M	24.34
69	Ellie Ball	Cannock & Staffs	LU20	24.46
70	Robert Sedgley	Tipton Harriers	M40	24.50
71	Matthew Taylor	Tipton and Coseley	M	24.53
72	Simon Kings	Tipton and Coseley	M40	25.05
73	Lesley Hassall	U/A	L50*	25.11
74	Sarah Jewkes	Tipton and Coseley	L	25.35
75	Terry Parsons	Aldridge RC	M	25.41
76	Darran Sheldon	Tipton and Coseley	M	25.43
77	Robert Andrews	Birmingham Rowheath	M60	25.46
78	Paul Kinsell	Action Heart RC	M60	25.52
79	James Boyd	U/A	M	26.00
80	Jane Cleary	Cobra Running & Tri Club	L40	26.10
81	Emily Evans	Birchfield Harriers	L	26.11
82	Robert Jewkes	Tipton and Coseley	M	26.35
83	Kris Sheldon	Tipton and Coseley	M	26.43
84	Kirsty Morgan	Halesowen AC	L	26.47
85	Gavin Ellis	Real Buzz RC	M	27.10
86	Paul Ellis	U/A	M	27.11
87	Lisa Bagnall-Simms	Dudley Kingswinford	L	27.18
88	Alison Whitehouse	Dudley Kingswinford	L40	27.43
89	Julie Cozens	Sphinx AC	M40	27.44
90	Ben Dale	Tipton and Coseley	M	27.59
91	Craig Pratley	U/A	M	28.01
92	George Taylor	U/A	M50	28.05
93	Kay Taylor	U/A	L	28.05
94	Lee Judson	Tipton and Coseley	M40	28.11
95	Zoe Langley	Tipton and Coseley	L	28.12
96	Pauline Smith	Aldridge AC	L50	28.14
97	Matthew Snelling	U/A	M40	28.47
98	Claire Smith	Aldridge RC	L	28.56
99	Sandra Stanford	U/A	L50	28.57
100	Lynn Hill	U/A	L40	28.57
101	Jim Griffiths	Birchfield Harriers	M60	28.57
102	Charlotte Trow	Cannock & Staffs	L40	29.00
103	Stewart Dyet	U/A	M40	29.03
104	Keith Whitehouse	U/A	M50	29.07
105	Emma Law	Tipton and Coseley	L	29.45
106	Ursula Elwell	Cobra RC	L50	29.50
107	Nicola Cambell Nicho	Stourbridge RC	L	29.51
108	Jan Anglim	Hardley Runners	F60*	30.01
109	Jason Breeze	Tipton and Coseley	M	30.35
110	Robert Savage	Tipton and Coseley	M	31.03
111	Paula Hateley	U/A	L	31.11
112	John Hateley	Stafford Harriers	M60	31.11

113	Lindsay Hobbs	U/A	L	31.16
114	Laura Eccles	Tipton and Coseley	L	32.22
115	CJ Martin	Tipton and Coseley	M50	32.52
116	Alexandra Dayus	Tipton and Coseley	LU20	35.19
117	Parwinder Rangerh	Tipton and Coseley	M	35.41
118	Sarah Cottam	Tipton and Coseley	L	35.43
119	Emily Parry	Sinfin RC	L	36.22
120	Keith Parry	Chase Harriers	M50	36.23
121	Krupa Parmar	U/A	L	51.05

1 Mile Races

1	Tom Eustace	Cannock & Staffs	U/15	6.01
2	Robert Westwood	Tipton Harriers	U/13	6.56
1	Heidi Shaw	Tipton Harriers	U/13	6.14
2	Chloe Barker	Tipton Harriers	U/13	6.27
3	Isher Mander	Tipton Harriers	U/13	6.31
4	Lauren Philips	Tipton Harriers	U/13	6.41
5	Charlotte Mould	Tipton Harriers	U/13	6.43
6	Katie Lewis	Tipton Harriers	U/13	6.58
7	Daniela Sedgley	Tipton Harriers	U/13	7.23
8	Mary Dicken	Tipton Harriers	U/13	7.34
9	Caitlen Byrne	Tipton Harriers	U/11	10.29
10	Gorgia Porter	Tipton Harriers	U/11	11.09
1	Rhys Price	Tipton Harriers	U/11	7.29
2	Morgan Price	Tipton Harriers	U/11	9.15